Postgraduate Library Workshop



January 2021

An idea or assignment

Literature review Organise your references

01 02 03 04 05

Read and study

Collect and analyse data Write and submit

 $\mathbf{06}$

0708 Research Research visibility

Conducting Research

@HKU Libraries





An idea or assignment

Literature review

Organise your references Read and study

Collect and analyse data

Research

assessment

Write and submit

Research

visibility

Conducting Research

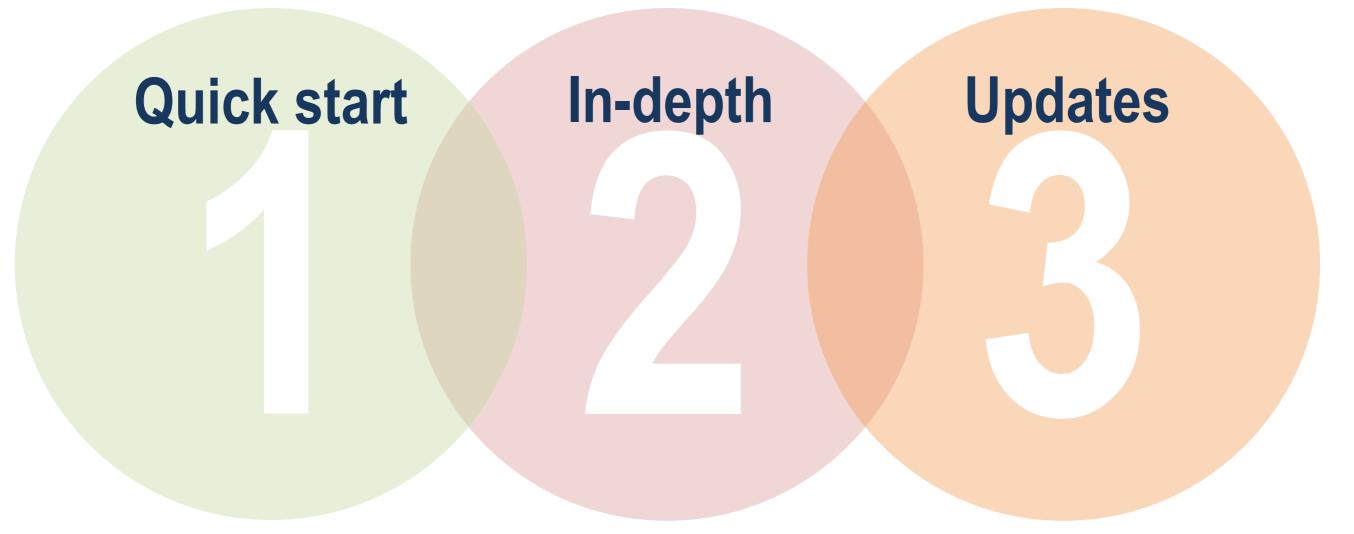
@HKU Libraries



Literature review

- Search the literature in your area of study
- Summarise prior research
- Identify gaps in current knowledge

Resources



Quick start

Content







Let's search

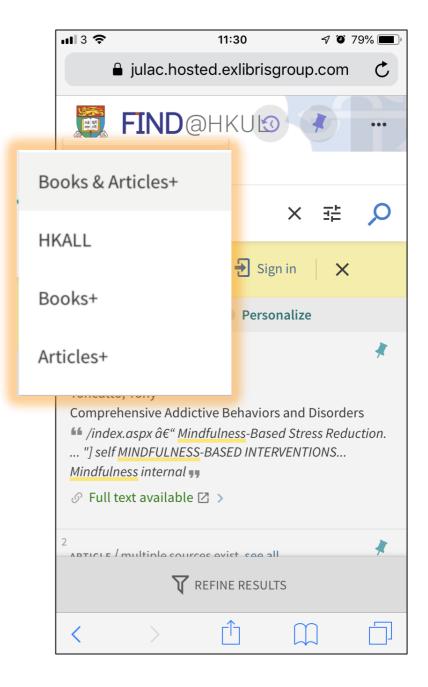
Topic: Does mindfulness help stress reduction?



Choose scope

| 👼 FIND@hkul < | NEW HKU ELECTRONIC READINGLIST QUICK ASK A LIBRARIES RESOURCES @HKUL QUICK LIBRARIAN | | |
|---------------|---|---|---|
| | mindfulness stress reduction | × | Q |
| | mindfulness stress reduction P Books & Articles+ mindfulness stress reduction P HKALL mindfulness stress reduction P Books+ | | |
| | mindfulness stress reduction \circ Articles+ mindfulness based stress reduction | | |
| | mindfulness-based stress reduction depression and ptsd symptom severity among veterans participating in mindfulness based stress a quantitative study of the effectiveness of mindfulness based stress reduction treatment using an | | |

Choose scope (Mobile)



Refine results

| FIND@HKUL NEW HKU ELECTRONIC READINGLIST QUICK ASKA LIBRARIAN | |
|---|---|
| mindfulness stress reduction × / Books & Articles+ | Refine results |
| HKU Patrons, please 🛃 Sign in 🛛 🗙 DISMISS | Expand My Results |
| Scheduled Maintenance from 2020-08-09 00:00:00 HKT for 2 hours. Access to FIND@HKUL may be unavailable during the time of the installation. | Sort by Relevance 🔻 |
| Including "stress management". Just search mindfulness stress reduction | Show Only 🔨 |
| O selected PAGE 1 35,721 Results Personalize ARTICLE Home practice in Mindfulness-Based Cognitive Therapy and Mindfulness-Based Stress Reduction: A systematic review and meta-analysis of participants' mindfulness practice and its association with outcomes Parsons, Christine E; Crane, Catherine; Parsons, Liam J; Fjorback, Lone Overby; Kuyken, Willem England: Elsevier BV Behaviour research and therapy, 2017, Vol.95, p.29-41 | Peer-reviewed Journals (22,802) Full Text Online (35,688) Available in the Library (32) Open Access Resource Type |
| Mindfulness-Based Cognitive Therapy (MBCT) and Mindfulness-Based Stress Reduction (MBSR yy PEER REVIEWED ∂ OPEN ACCESS ✓ Full text available | Articles (26,789) Newspaper Articles (4,924) |
| ARTICLE The many facets of mindfulness and the prediction of change following mindfulness- based stress reduction (MBSR) Gawrysiak, Michael J ; Grassetti, Stevie N ; Greeson, Jeffrey M ; Shorey, Ryan C ; Pohlig, Ryan ; Baime, Michael J United States: Wiley Journal of clinical psychology, 2018, Vol.74 (4), p.523-535 M Objectives Mindfulness-based stress reduction (MBSR) promotes numerous psychological benefits, but few studies have identified for whom MBSR is most effective *** | |
| PAGE 2 PEER REVIEWED OPEN ACCESS | Year 🔨 |

Refined results: Mobile

.

PAGE 1 35,485 Results

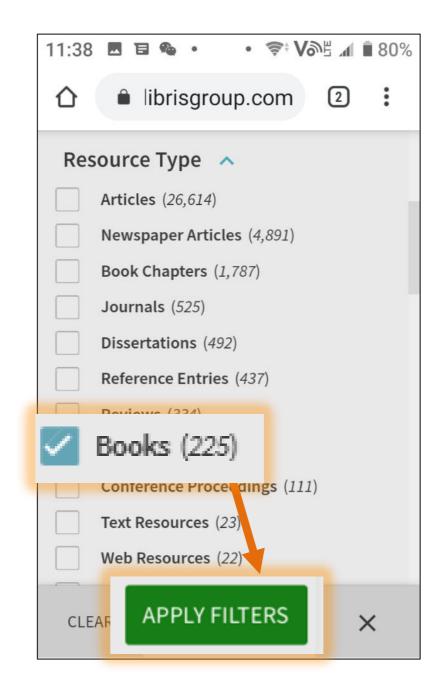
ARTICLE **Home practice in Mindfulness-Based**

1

Cognitive Therapy and Mindfulness-Based Stress Reduction: A systematic review and meta-analysis of participants' mindfulness practice and its association with outcomes Parsons, Christine E ; Crane, Catherine ; Parsons, Liam J ; Fjorback, Lone Overby ; Kuyken, Willem England: Elsevier BV Behaviour research and therapy, 2017, Vol.95, p.29-41

Mindfulness-Based Cognitive Therapy (MBCT) and Mindfulness-Based Stress Reduction (MBSR...

V REFINE RESULTS



Get full text online: An article



Home practice in Mindfulness-Based Cognitive Therapy and Mindfulness-Based Stress Reduction: A systematic review and meta-analysis of participants' mindfulness practice and its association with outcomes

Parsons, Christine E; Crane, Catherine; Parsons, Liam J; Fjorbac Willem

England: Elsevier BV

ARTICLE

Behaviour research and therapy, 2017, Vol.95, p.29

s 🗹

Mindfulness-Based Cognitive Therapy (MBCT) and Mindfulness (MBSR... ,,

PEER REVIEWED 🔒 OPEN ACCESS

Download PDF 🖸

Full text available ∅ >



| and the second | Contents lists available at ScienceDirect |
|--|---|
| 574 BA | Behaviour Research and Therapy |
| ELSEVIER | journal homepage: www.elsevier.com/locate/brat |
| Homo practico in Mir | ndfulness-Based Cognitive Therapy and |
| | tress Reduction: A systematic review and meta- |
| analysis of participan outcomes | ts' mindfulness practice and its association with |
| | *, Catherine Crane, PhD ^b , Liam J. Parsons, MA ^c , |
| Lone Overby Fjorback, PhD | d, Willem Kuyken, PhD * |
| | rd. Warneford Hospital, Oxford, England, United Kingdom |
| ^a Department of Esperimental Psychology, Univ ^d Danish Center for Mindfulness, Aurhus Univer 1998, 2019, 20 | ersty of Frinz, England, Elsiond England nity, Aarfus, Dennark |
| ^a Department of Experimental Psychology, Univ ^d Danish Center for Mindfulness, Aarhur Univer A R T I C L E I N F O | entry of frinz, English, United English 1972, Arflex, Dennark A B S T E A C T |
| ^a Department of Esperimental Psychology, Univ ^d Danish Center for Mindfulness, Aurhus Univer 1998, 2019, 20 | unity of firsts faglacd, binde Engdon sity, Anfaut, Bornark A B S T R A C T Mindfulness-Based Cognitive Therapy (MRCT) and Mindfulness-Based Stress Refuction (MRD mythosize the importance of mindfulness practice at homes as an integral part of the program. However the extent to which participants complete their assigned practice in any for (dar, nor it & fair whether |
| ^a Department of Experimental Psychology, Univ ^a Danish Center for Mindfulness, Aarhus Univer A R T I C L E I N F O Article Manay: Received 13 July 2016 Received 15 July 2016 Received form. | entry of Jernic Lopical, United Englan 1027, Arthus, Dennard, A B S T E A C T Mindfulnews-Based Cognitive Therapy (MBCT) and Mindfulnews-Based Stress Relaction (MED mphasis: the importance of mindfulnens partice at bonne as an integral part of the program. However the education to which participants monophile that augusting placetion in any of clean, are in A fadar whethe To roth any streamic roview and mode-analysis, survives were performed using Scopes and Publiced To roth any streamic roview and end 2012s, reprinting forfamily hange science of mediations by MBD |
| * Dependence of Dependence of Dependence, Units * analytic Court of Model Marca, Andrea Uniter A R T I C L E I N F O Article Sharey Received 13 July 2016 Received 13 July 2016 Received 13 July 2016 August 2017 August 2017 Received 10 Marca Science (Science Science) August 2017 Received 10 Marca Science (Science) August 2017 Received 10 Marca Science (Science) August 2017 Received 10 Marca Science (Science) | unity of Jernic Logical, United England Vity, Arthus, Downa't A B S T E A C T Multifulnews-Based Cognitive Therapy (MRCT) and Multifulnews-Based Stress Relaction (MBB emphasise the importance of minifulness partice at home an an integral part of the program. However the elevent to which participants couplet their assigned particle in any citcal, and r it fair which the thing particle is associated with positive esticares. The thin systematic rolware and moles-analysis, surfaces on form there particle of any short the advent to associated with positive esticares. The thin systematic rolware and the 2015, reporting on formal home particle of moleshores by MBC or MRCT participants. Access 41 studies (N = 4527), the posited relations for participants. |
| ¹ Dependence of Experience and Psychology, Univ ² Banch Center for Mindfulners, Andrea Univ A R T I C L E I N F O Article Manage Article Manage Artic | unity of Errain England, Linksh England Witz, Arhus, Downakt A B S T R A C T Mindfulnero-Based Cognitive Therapy (MBCT) and Mindfulnero-Based Stress Reduction (MBES emphasize the importance of mindfulness practice at home as an integral part of the program. However institutions the importance of mindfulness practice at home as an integral part of the program. However institutions the importance of mindfulness practice at home as an integral part of the program. However institutions the importance of mindfulness practice at home and the program. The data which this practice is associated with positive occurrent. Tor this systematic review and most-anaphys, succurrent wave performed mining Ecosysta and PabMed fi studios published through to the end of 2015, reporting on formal home practice of mindfulness by MBE |
| * "ajorement of Experiment Physicaligi, Sin * Sanat Center for Moligheet, Arthur Uster * Att T I C L L I N F O Att T I C L L I N F O Att T I C L L W F O Att T I C L L W F O Att T I C L W F O A T I C L | unity of firsts fuglical, United English Vitry, Arthus, Dormark A B S T R A C T Modifulness-Based Cognitive Therapy (MRCT) and Modifulness-Based Stress Reduction (MRD mythasize the importance of minifulness practice at house as an integral part of the program. Howeve the orient to which participants complete their assigned practice in any total, and ro it for any which this practice is associated with positive noticemen. The this systematic review and meta-analysis, survives over performed using Scopes and PubMed 6 totalsee published through to the end of 2015, reporting on formal house practice of mediations by MRD Accessed 4 states (N = 14577, the poshed estimates for participants' house practices and solid and and an advances of the states and the states process and the states process and the states of the and advances of the states (N = 14577, the poshed estimates for participants' house partices and solid and advances of the states of the advances of the states and the states process and the states and the states and the states advances of the states and the states advances of the states of the states advances of the states |
| * diperment of Experiment Physicaligi, Sin * anaka Center for Multiplene, Aerlee Usion A R T I C L I N F O Arthol Manay Revealed 1 Jap 2016 Revealed 1 Jap 2016 Revealed 1 Jap 2017 Notable earlier B May 2017 Notable earlier B May 2017 Maddatane-Janed Capitiler thesign Multiplene-Janet Capitiler t | unity of Armita foglical, binde English Vitz, Arthus, Downak A B S T R A C T Multifulnews-Based Cognitive Therapy (MRCT) and Multifulnews-Based Stress Reduction (MRIB emphasise the importance of minifulness paratics at home an an integral part of the program. However the evient to which participants couplete their assigned practics in a type clean, are it is draw which this practice is associated with positive statectures. The this systematic rolware and moles-analysis, startches were performed using Scopen and PubMed for an MRCT participants. Access 44 tables (N = 14ST), the pooled entities for participants have practice of membranes by RHC and MRCT participants. Access 44 tables (N = 14ST), the pooled entities for participants (N = 108), there was a was bet significant association before an participants' ail-opported home practice and and/MRCT participants. MRCT and MRCT participants are concerned with this entitude with the sentime concernes in a down but stignificant association before participants' and "opported home practice and information by RHCT MRCT participants. |
| * diperment of Experiment Physicaligi, thin ** achiel Center for Michildene, Aerlee Ubier A R T I C L E I N F O Article Anory Revised I Jay 2016 Revised I Jay 2017 Acadida table 2017 Acadida table 2017 Acadida table 2017 Acadida table 2017 Michildene-Jacob Caglilion theory Michildene-Jacob Caglilion theory Mich | unity of First, fugiesal, kinish Engelm vitrg, Anthus, Dormark A B S T E A C T Statistichnone-Saued Cognitive Therapy (MECT) and Monthlanes-Based Strems Robuckins (MED morphasins the importance of minibiliants spacing a parties at hours as a integral part of the programs. However, the extent to their hard with positive noticomes. To this synchronize the stremget the final analysis programs and PubMed fi studies pathibited through to the end of 2015, reporting on format hours practice of mediations by MED or MICT participants. Access 43 studies (Pa = 1427), the pooled entimate for participant' hours practice of mediations by MED or MICT participants. Access 43 studies (Pa = 1427), the pooled entimate for participant' hours practice was 644 of the antiguand amount, equating to about 30 minutes per day, six dary per wave[103.C1 CR =0.075]. There was unbatarial hoirengementy associated with his entimata. Access 33 studies (N = 803), there was a 400 (r = 0.24, 203.C1 0.910–0.91). |
| * diperment of Experiment Physicaligi, thin ** achiel Center for Michildene, Aerlee Ubier A R T I C L E I N F O Article Anory Revised I Jay 2016 Revised I Jay 2017 Acadida table 2017 Acadida table 2017 Acadida table 2017 Acadida table 2017 Michildene-Jacob Caglilion theory Michildene-Jacob Caglilion theory Mich | unity of Armits fuglical, United English With Arms, Domark A B S T R A C T ModelSupera Based Cognitive Therapy (MRCT) and ModelSupera-Based Stress Reductions (MRD methods) and the importance of minifoldinear parkins at homes an integrad part of the program. However, the event or twoich pairticipants complete fibrit assigned practice in any tock, and re label to the stress of the stress results at home and integrad part of the program. However, the event or twoich pairticipants integrate and the stress of the stress o |

nent outcomes. For cognitive behavioral therapy (CBT), this Based Stress Reduction (MBSR) are manualized, group-based skills akes the form of variable assignments, such as self-monitoring, training programs that teach mindfulness both in and between ween-session practice consists of informal and forma home mindfulness practice that trains attention and develops the ability to respond to difficult mental and physical expe 12). Informa in, 1990; Segal, Williams, & Tease urage mindfulness in everyday life for example h

96730 2017 The Authors: Published by Element 11d This is an one

are to feared situations, or scheduling of behavioral experi

receiption as dk (C.E. Parsons)

ints that extend the theraneutic sessions. Several meta-analyses

onding author. E-mail address: Christian

Get full text online: an eBook



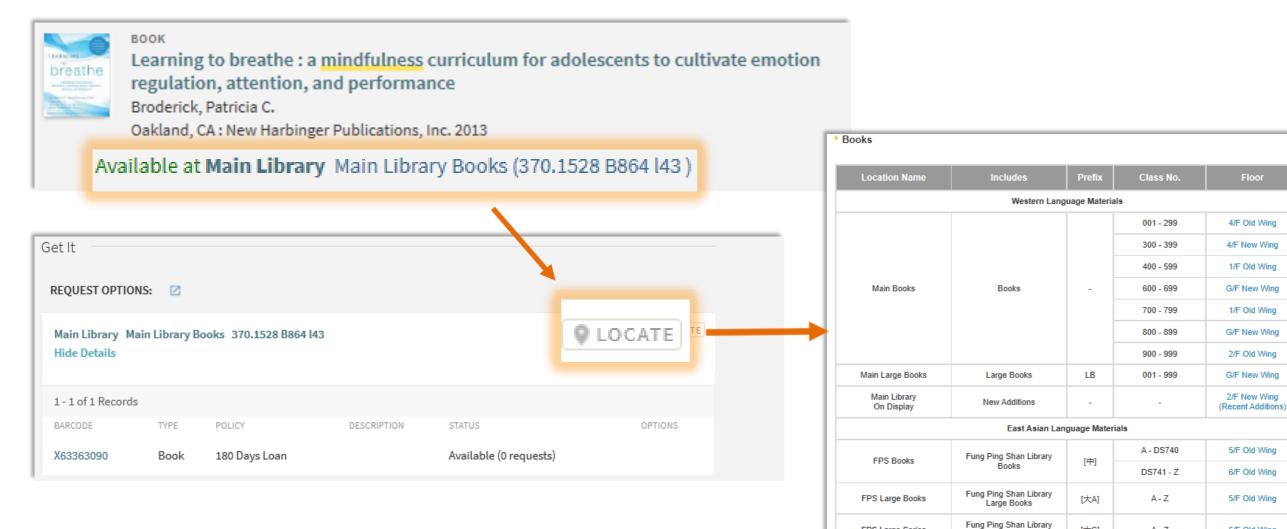
Mindfulness-Based Treatment Approaches

Clinician's Guide to Evidence Base and Applications

Ruth A. Baer



Get a print book



FPS Large Series

Main Library

On Display

[大C]

Large Series

New Additions

A - Z

5/F Old Wing

2/F New Wing

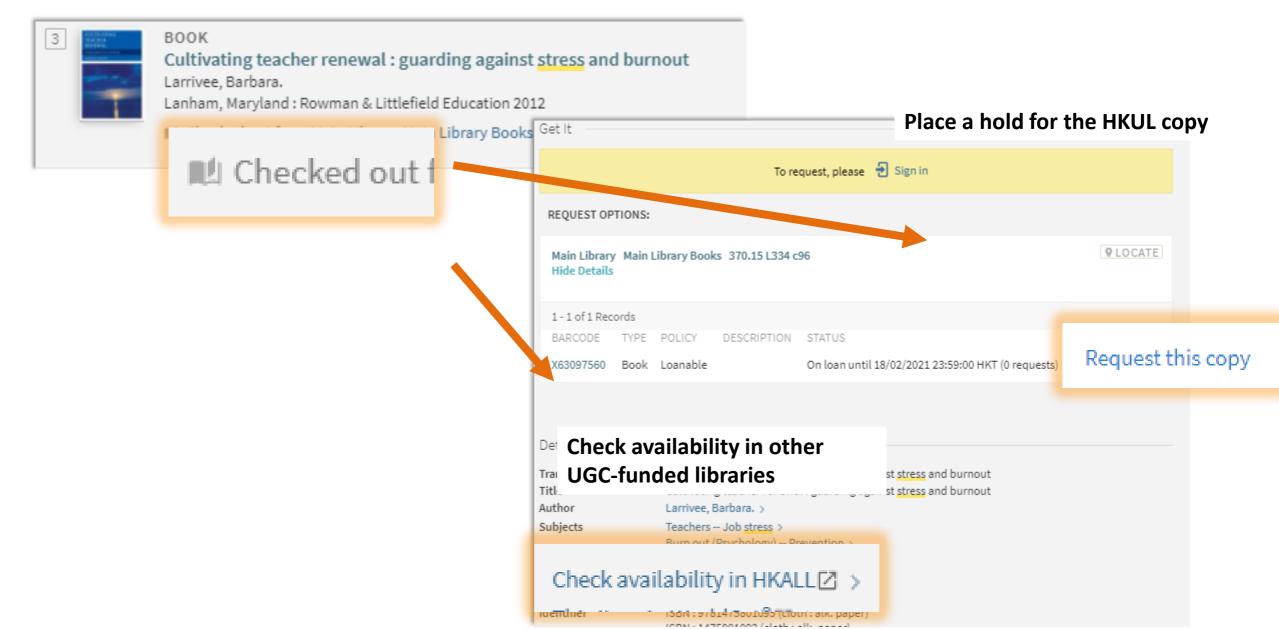
(Recent Additions)

Inter-branch delivery



| Get It | | | | | |
|-----------------------------------|--------------|---------------|--------------------|------------------------|-------------------|
| | | | To request, please | Sign in | |
| REQUEST OPTION | S: | | | | |
| Medical Library I Hide Details | Medical Bool | cs M 616.8914 | I611 M79 | | ♥ LOCATE |
| 1 - 1 of 1 Records | | | | | |
| BARCODE | TYPE | POLICY | DESCRIPTION | STATUS | Request this copy |
| X49768100 | Book | Loanable | | Available (0 requests) | |

HKUL copy is checked out



Click HKALL Request if a copy is available in another library

| et It | | | | | | | | |
|--------------------------------|---------|----------------|-----------------------|------------|--------------|-----------------|------------------|-----------------|
| REQUEST | OPT | IONS: | HKALL requ | iest | | | | Q LOCATE |
| Hide Details | | ary books 5 | 10.13 534 50 | | | | | (+ EUGATE) |
| 1 - 1 of 1 Records | | | | | | | | |
| BARCODE TYP | E PO | LICY | DESCRIPTION | STATUS | | | | OPTIONS |
| X63097560 Boo | k 18 | 0 Days Loan | | On loan ur | ntil 18/02/2 | 2021 23:59:00 | HKT (0 requests) | |
| BACK TO INST | | NS | | | | | | |
| MMW LIBRARY MM Hide Details | 1W Bool | k (3/F) LB284(| 0.2 .L37 2012 | | | | | |
| 1 - 1 of 1 Records | | | | | | | | |
| BARCODE | TYPE | POLICY | | DES | CRIPTION | STATUS | OPTIONS | PTIONS |
| 31005010008310 | Book | Please sign in | n for loan policy det | ails | | Available (0 re | (ateauna | FIIONS |

Test your Skills



In-depth

HKUL Homepage > Electronic Resources

| | The University of Hong Kong Libraries | |
|---|---------------------------------------|-------|
| .ibrary / LibGuides / Databases | | |
| Databases | | |
| Find the best library databases for your resear | rch. (?) | |
| | | |
| All Subjects • | All Database Types All Data | bases |
| | | |
| 4 | | |
| AAAS Science journals 🖻 | | 4 |
| AAAS Science journals @ Contains the journals published by the Association. | L | 4°5 |
| | | |
| AAS Science journals @ Contains the journals published by the Association. Userse AACR journals online [electronic resource] Provides links to AACR journals. Each online journal | | < |



By subject

신 것

The University of Hong Kong



E-Video Collection (21)

Ξ

Inter-disciplinary

Subjects Agriculture (14)

All Subjects

Alternative medicine (3)

American studies (31)

Anaesthesiology (4)

Anatomy (9)

Aquatic sciences (12)

Arbitration & Dispute resolution (7)

Architecture (16)

Arts and humanities (56)

Biochemistry (11)

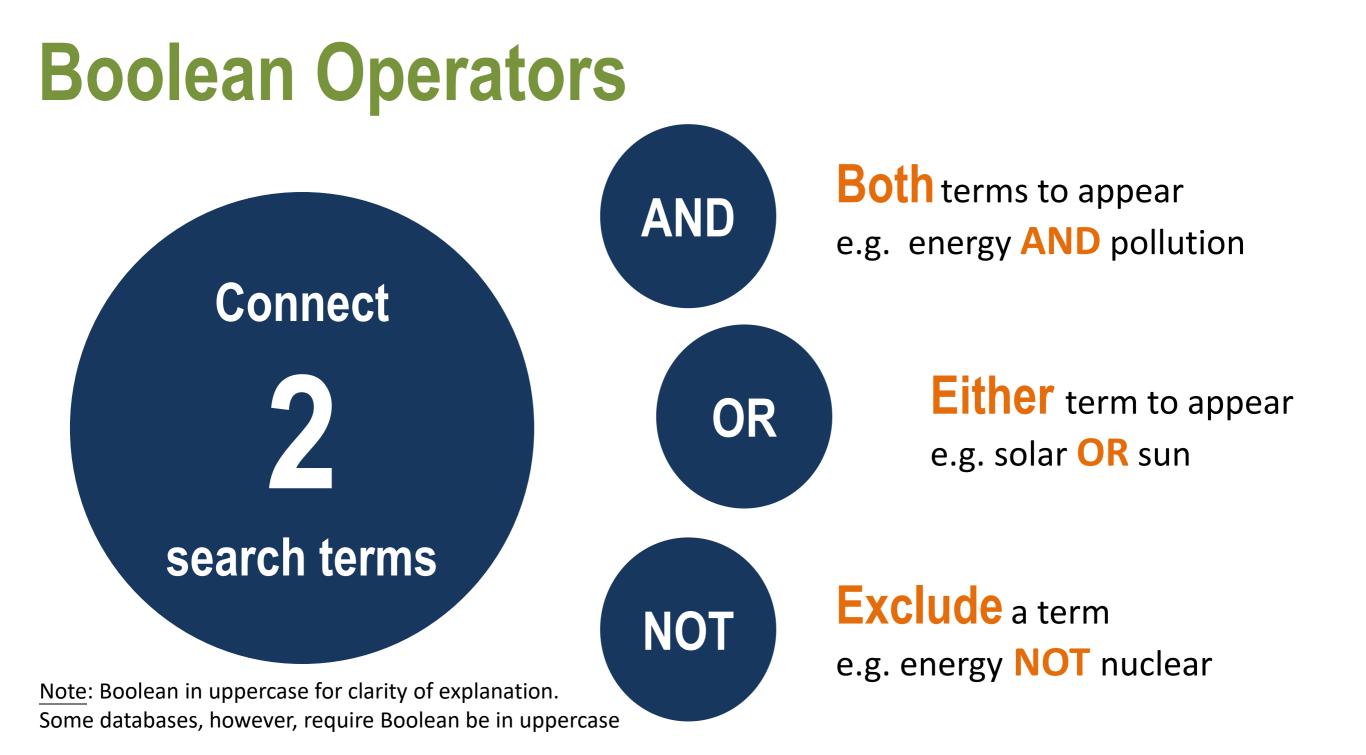
Bioloav (27)

| All Database Types | | All Databases |
|--|-------|------------------------------|
| All Database Types | NOPQ) | Key Databases |
| Types Citation reports (11) | | New / Trial Databases |
| Database (787) E-Audio Collection (8) | | Some examples |
| E-Book Collection (193) | | EBSCOhost research databases |
| E-Journal Collection (132) | | • JSTOR |
| E-News Collection (23) | | Proquest |
| E-Theses Collection (9) | H | Scopus |

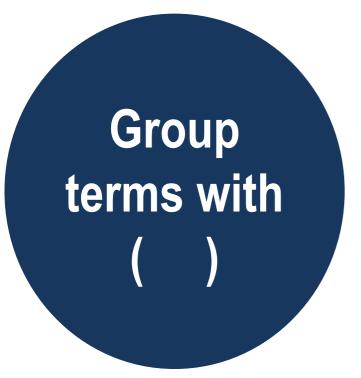
Web of Science

中國知網

Search Tips



More than 1 Boolean Operator in a search statement



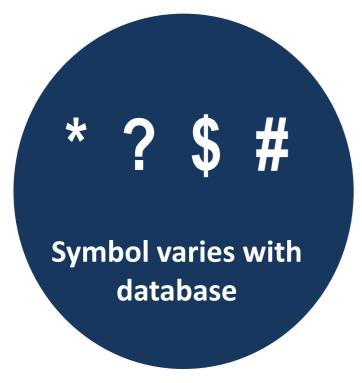
e.g. pollution AND (fossil fuel OR petroleum)





e.g. "law and order" "United Nations"

Find Variant forms of a Word



If **Truncation** = *

e.g. cultur^{*} → culture, cultured, cultural

If Wildcard = ? e.g. organi?ation → organisation, organization

Test your Skills (II)

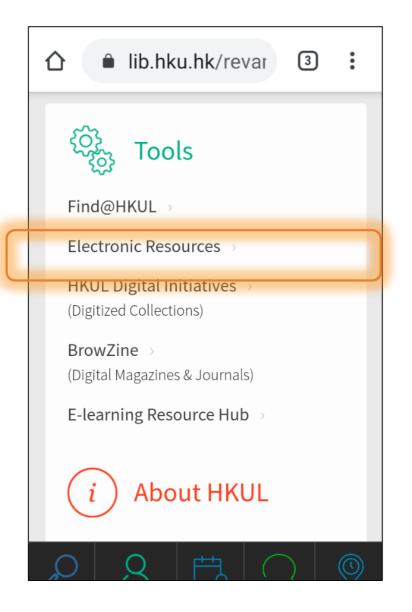
Let's search

Database:

EBSCOhost research databases > Academic Search Complete

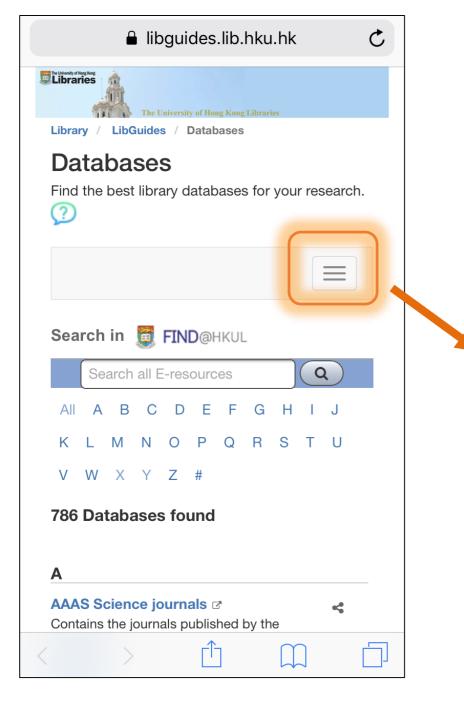
Access: Smartphone

http://lib.hku.hk



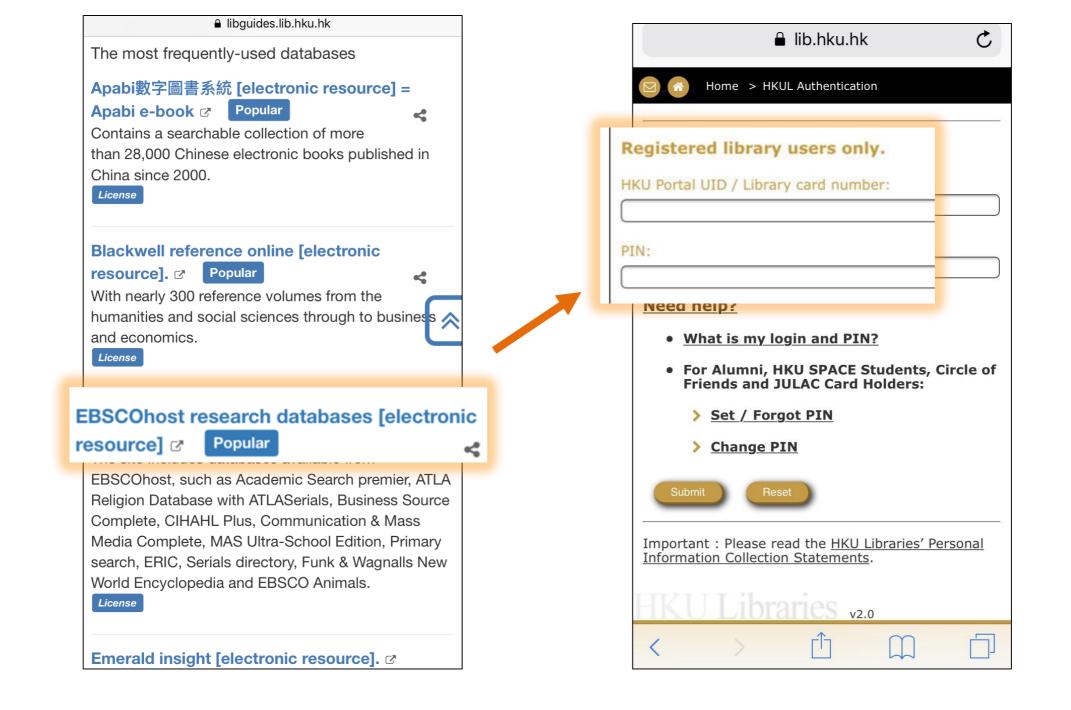
Mobile@HKUL

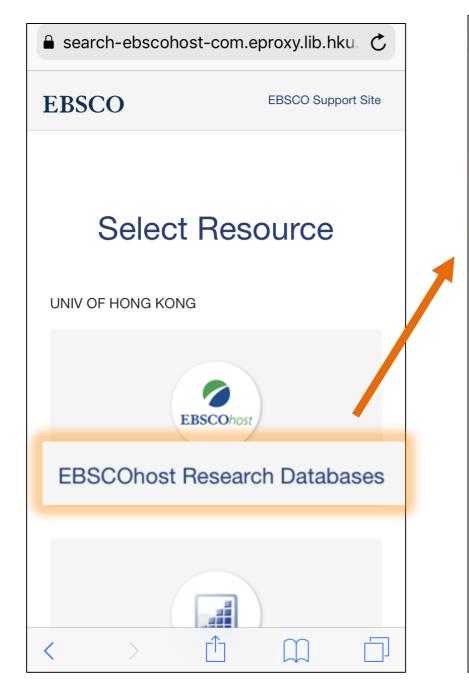




| ■ libguides.lib.hku.hk C | |
|---|--------------|
| Libraries The University of Hong Kong Libraries | |
| .ibrary / LibGuides / Databases | All Subjects |
| Databases Find the best library databases for your research. | All Database |
| | Search in 🇯 |
| All Subjects | Search all |
| All Databases | ~ V |
| Search in 📓 FIND@HKUL | |
| Search all E-resources | K |
| AII A B C D E F G H I J | Ne |
| | |

| | 🔒 libguides.lib.hku.hk | Ç |
|----|---|------|
| | | |
| | All Subjects | V |
| | All Database Types | |
| | All Databases | ▼ |
| Se | arch in 🕃 FIND@HKUL Search all E-resources | Q |
| A | A B C D E F G H | I J |
| / | \sim | Done |
| | | |
| | | |
| | Key Databases | |
| | New / Trial Databases | |
| | | |
| | | |





| Not Coours - wab b abaaaba | rt.com.eproxy.lib.hku.hk |
|----------------------------|--------------------------|
| Continue | |
| | |
| | |
| Select / deselect all | |
| | |
| Academic Sea | urch Complete |
| _ | |
| Academic Search Co | mplete is the |
| world's most valuable | and |
| comprehensive schol | arly, multi- |
| disciplinary full-text da | atabase, with |
| more than 8,500 full-t | ext periodicals, |
| including more than 7 | ,300 peer- |
| reviewed journals. In | addition to full |
| text, this database off | ers indexing and |
| abstracts for more that | an 12,500 |
| journals and a total of | more than |
| 13,200 publications ir | cluding |
| monographs, reports, | conference |
| proceedings, etc. The | database |
| features PDF content | going back as |
| far as 1887, with the I | majority of full |
| text titles in native (se | archable) PDF |
| format. Searchable ci | ted references |
| are provided for more | than 1,400 |
| journals. | |
| | |

Title List More Information

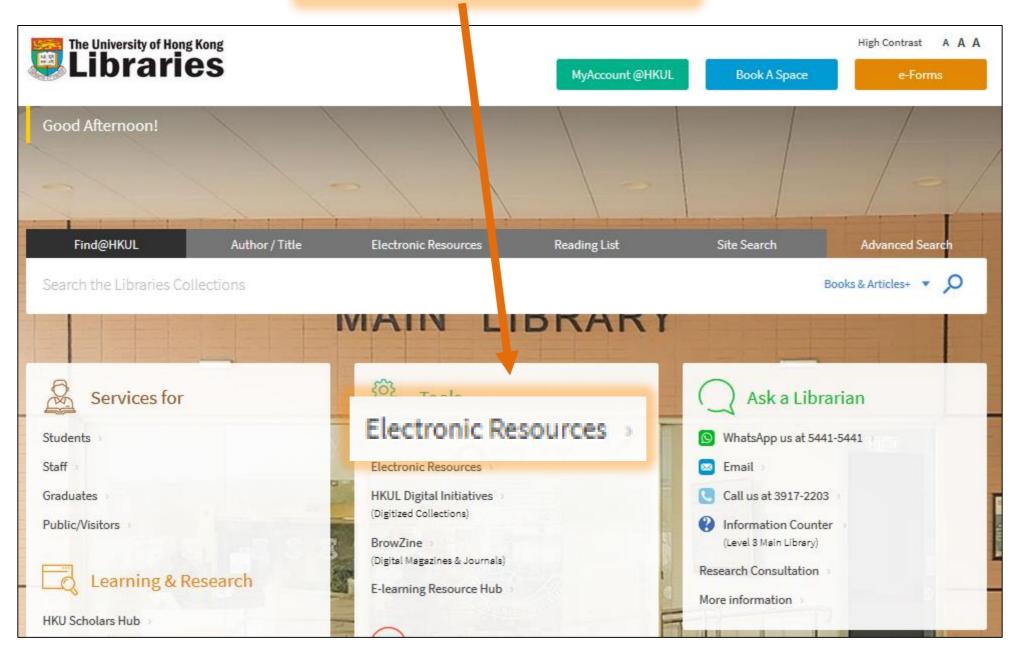
| Not Se | ecure — v | veb.b.ebsco | ohost. | com.epr 🔿 |
|----------|-------------------------------|--------------|--------|----------------|
| ≡ | | | | |
| | g: Academ Databases | ic Search Co | mplete | 2 |
| | | | | Select a 🔻 |
| AND - | | | | Select a 🔹 |
| AND - | | | | Select a 🔹 |
| + - | | Se | arch | |
| Basic Se | arch Adva | anced Search | Sea | rch History |
| Sear | ch Option | S | | |
| | | | F | Reset |
| Se | earch Mode | es and Expar | nders | |
| | Search mo Boolear | <u> </u> | rms | |
| < | | | | \mathfrak{l} |

Database:

EBSCOhost research databases > Academic Search Complete

Access: Laptop/ PC





| The University of Hong Kong Libraries The University of Hong Kong Libraries | |
|--|-----------|
| Library / LibGuides / Databases | |
| Databases | |
| Find the best library databases for your research. ? | |
| Key Databases | τ |
| All Subjects All Database Types | ر بر ر |
| Search in FIND@HKUL AI A B C D E F G H I J K L M N O P Q R S T U V W X Y Search all E-resources Q 786 Databases found Key Databases Key Databases | Ζ# |
| The most frequently-used databases Apabi數字圖書系統 [electronic resource] = Apabi e-book @ Popular Contains a searchable collection of more than 28,000 Chinese electronic books published in China since 2000. License | ۷ |
| EBSCOhost research databases [electronic resource] Popular The site includes databases available from EBSCOhost, such as Academic Sear Plus, Communication & Mass Media Complete, MAS Ultra-School Edition, Prima | ~ |
| License se with ATLASerials, Business Source Complete, CIHAHL | * |
| Plus, Communication & Mass Media Complete, MAS Ultra-School Edition, Primary search, ERIC, Serials directory, Funk & Wagnalls New World Encyclopedia and EBSCO Anin License | nals. |

HKUL Authentication

Registered library users only.

HKU Portal UID / Library card number:

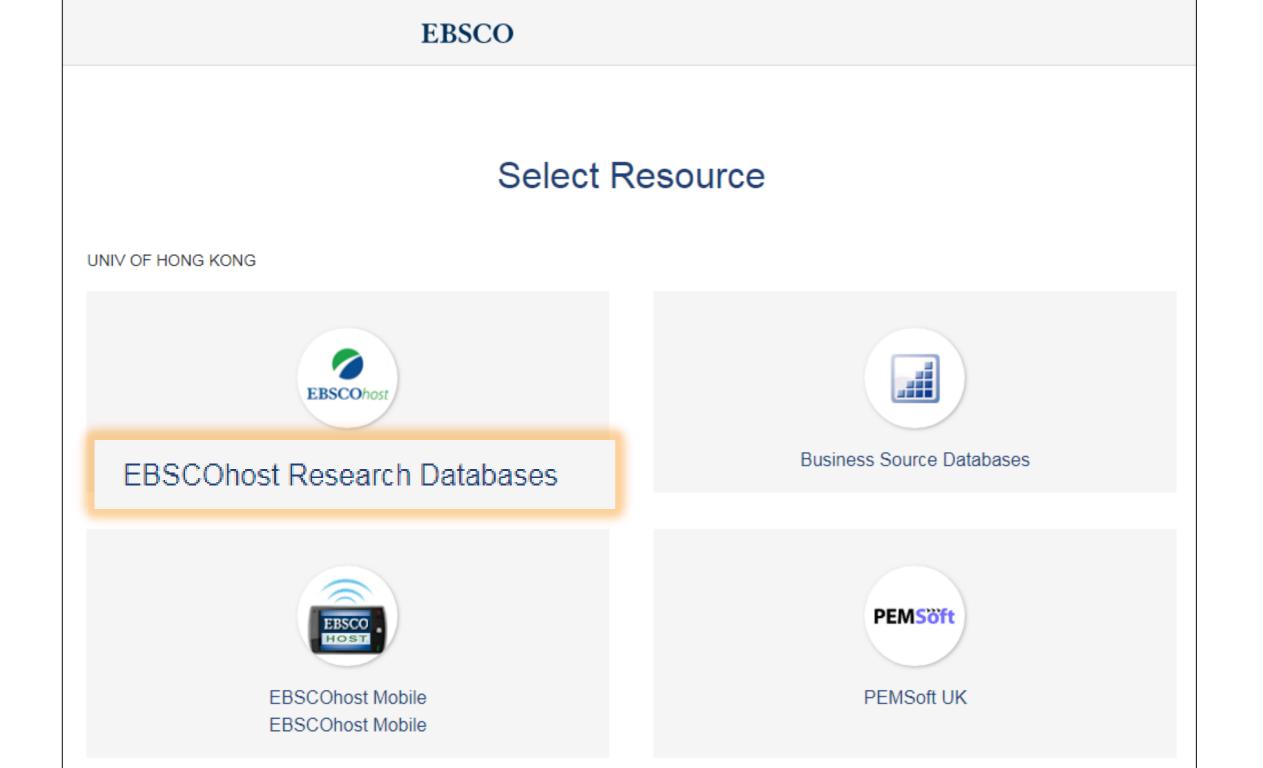
PIN:

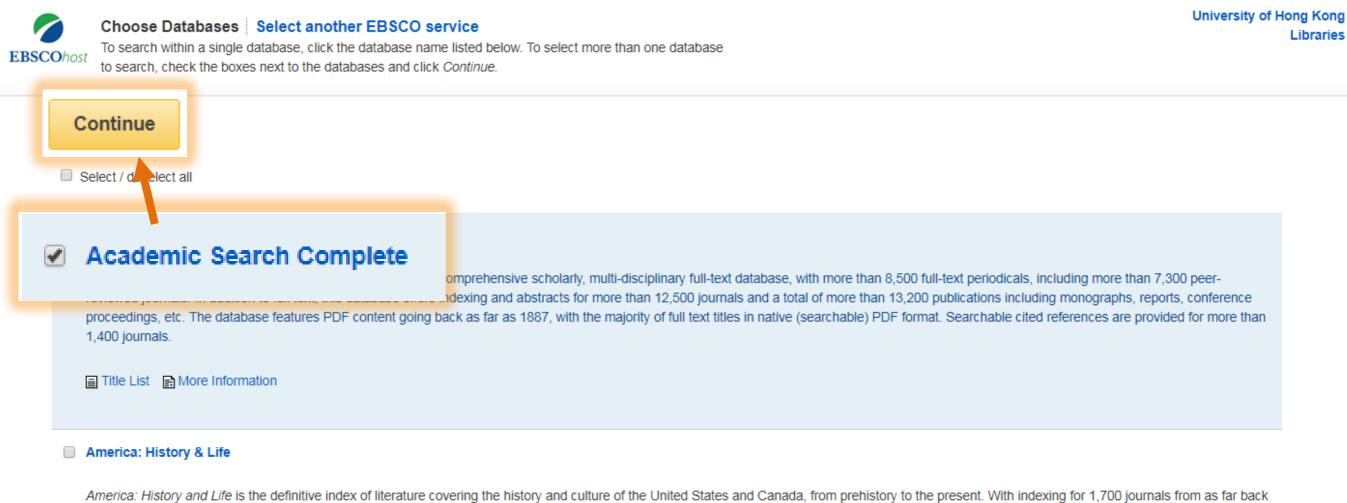
v2.0

- For Alumni, HKU SPACE Students, Circle of Friends and JULAC Card Holders:
 - > Set / Forgot PIN
 - Change PIN



Important : Please read the HKU Libraries' Personal Information Collection Statements.

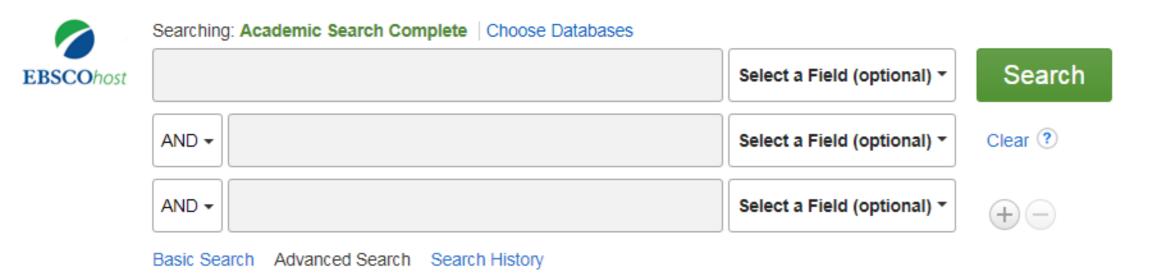


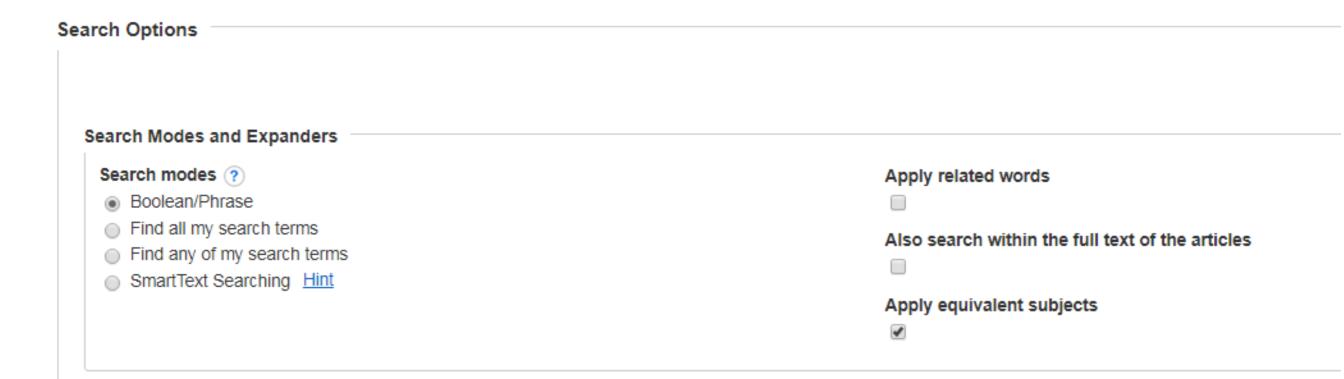


as 1910, this database is without question the most important bibliographic reference tool for students and scholars of U.S. and Canadian history.

More Information

Art Full Text (H.W. Wilson)





Topic:

How to manage staff EQ?



Build a search statement (example)

| Concepts | E-learning | Higher education |
|----------|------------------|--------------------------|
| Related | Online learning | Tertiary education |
| terms | Online education | Post-secondary education |

Search statement:

(e-Learning OR online learning OR online education) AND (Higher education OR Tertiary education OR Post-secondary education)

Test your Skills



- Go to https://padlet.com/libishku/Bookmarks
- Brainstorm the related terms



Build a search statement

| Concepts | Manage staff | EQ |
|------------------|---|--|
| Related terms | Personnel Management Human resource management | Emotional quotient Emotional intelligence Emotional management |

(Personnel Management OR Human resource management) AND (Emotional quotient OR Emotional intelligence OR Emotional management)



| 1. Emotional management of the employee at work | | |
|--|------------------------------|---|
| By: Mohan, Alpana. Indian Journal of Health & Wellberg, 2018, Subjects: EMOTIONAL intelligence; PERSONNEL management LITERATURE reviews; Human Resources Consulting Services | | nal management of the employee at work place. |
| Academic Journal Public Health, and Veterans' Affairs Programs) | Authors: | Mohan, Alpana ¹ alpana.mohan@gmail.com |
| | Source: Document Type: | Indian Journal of Health & Wellbeing. 2018, Vol. 9 Issue 4, p672-677. 6p. |
| | Subject Terr | rms: NAL intelligence INEL management nvironment |
| | _ | *ORGANIZATIONAL aims & objectives *LITERATURE reviews |
| | Author-Supplied Keywords: | d emotional intelligence emotional management intra-personal skill |
| | Abstract: | 41612 Human Resources Consulting Services 23130 Administration of Human Resource Programs (except Education, Public Health, and Veterans' Affairs Programs) motional Intelligence is a set of qualities and competencies that captures a broad collection of individual skills and dispositions, usually |
| | | referred to as soft skills or inter and intra-personal skills, that are outside the traditional areas of specific knowledge, general intelligence, and technical or professional skills. Emotions are an intrinsic part of our biological makeup, and every morning they march into the office with us and influence our behaviour. Emotional management is the ability to maintain control when situation, people and events make excessive demands. This study will be helpful to know the relation between the emotional intelligence and performance on the employees. This paper is through light on impact of emotional intelligence on performance of employees. Emotional Intelligence (EI) refers to the ability to perceive, control, and evaluate emotions. Some researchers suggest that emotional intelligence can be learned and strengthened, while other claim it is an inborn characteristic. On the basis of the secondary research thoroughly, review of literature is being taken with recent articles. Through this study, it is concluded that emotional intelligence has greater impact on performance of employees. Secondly an emotionally intelligent organization is based on an organizational strategy to improve business performance. The purpose of this study is to identify how the employee dealing in the emotional management at work place. [ABSTRACT FROM AUTHOR] |

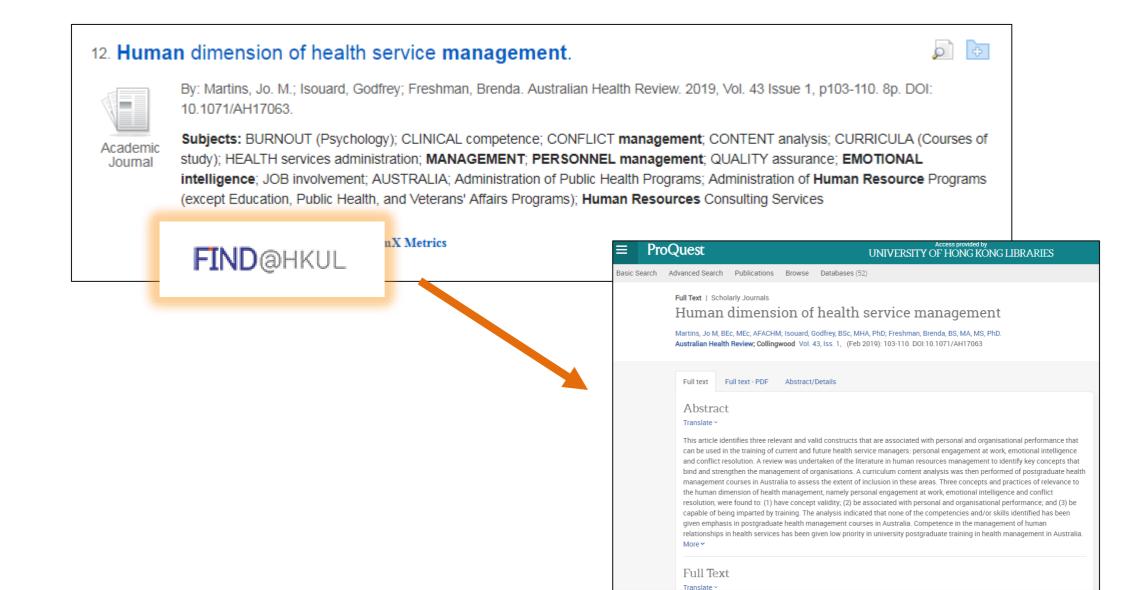
Full text available

1. Emotional management of the employee at work place. By: Mohan, Alpana. Indian Journal of Health & Wellbeing. 2018, Vol. 9 Issue 4, p672-677. 6p. Subjects: EMOTIONAL intelligence; PERSONNEL management; WORK environment; ORGANIZATIONAL aims & objectives; LITERATURE reviews; Human Resources Consulting Services; Administration of Human Resource Programs (except Education, Academi Public Health, and Veterans' Affairs Programs) Journal PDF Full Text (217KB)

0

÷

Full text not available: Check availability



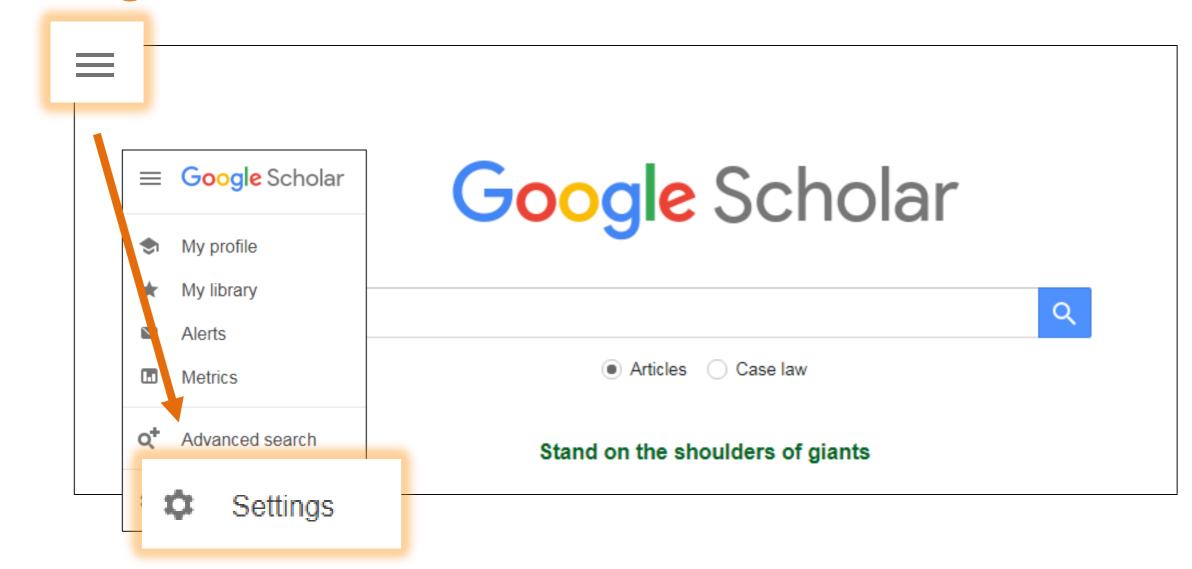
other databases



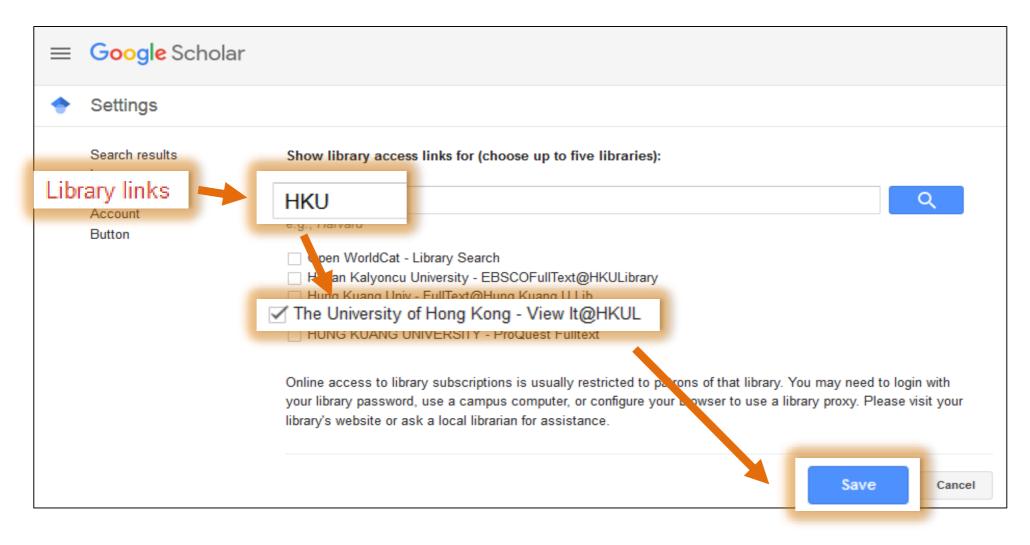
Google Scholar

scholar.google.com

Configure to access HKUL subscriptions

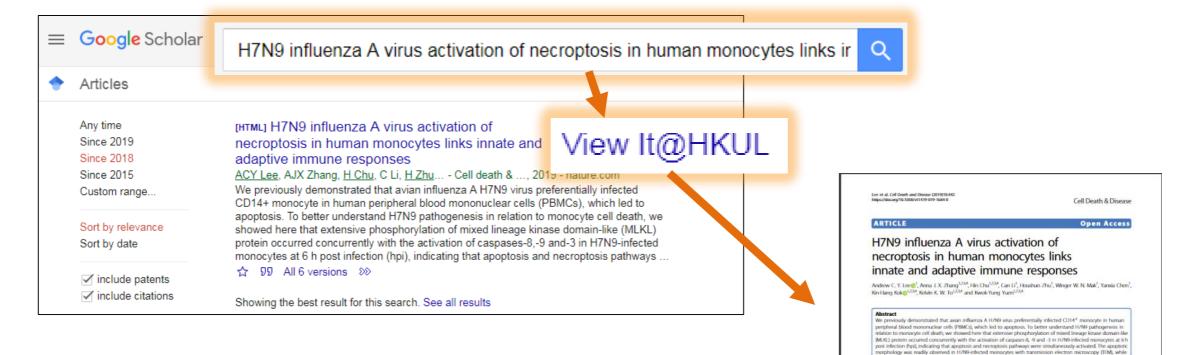


Configure to access HKUL subscriptions



Watch the video at https://libguides.lib.hku.hk/c.php?g=862148

When you **Search** Google Scholar



is required for upregulation of invate immune response, while cargase actuation suppresses the immune response, **introduction** Influenza A virus infection and replication in host cells induce apoptosis², necroptosis² and proptosis³. Viral tumour necrosis factor related apoptosis inducing ijon

Influenza A virus infection and replication in host cells Influenza A virus infection and replication in host cells induce apoptosis¹, necroptosis² and proptosis². Viral proteins including IPI-127, IN² and NS1¹ trigger and NS1¹ trigger activate extrinsic apoptosis through death rough the intrinsic pathway by mitochondrial unstantice and the intrinsic pathway by mitochondrial components: fuel trigger and the interview of the intervie

Component theory have grant and the provided and the prov

ti The Automatic 2009

One Section 2015 A section of the section of t

the par-capase inhibitor, DNRXX6 (DNR, accelerated cell death through neoropros as evidenced by the increased level of pXNX. Accompanied with cell welfing and plasma membrane naprem. Most importantly, HVM-induced cell death caudit only be stopped by the combined treatment of URN and neoroau/frawnide NXA), a pMXX. membrane translocation inhibitor, but not by individual inhibitori on capase or IRVX. Our data further bowed that activation of apoptosis and neoroptosis pathways in monocytes differentially contributed to the immune response of monocytes on HVM information. Specifically, capase inhibitori surgificantly enhanced, while IRVX inhibitor induced the early expression of type I immetines and cycleiner/chernolisms in HVM-inforced monocytes. Moreover, culture supertaints from IDN-treated HVM-inforced monocytes derived identitic cells (MOC) and enhanced the capacity of MXX5 to induke CDI²⁴. For glanification in vitro. In contrast, these immune trianalizing micro. We abrogated by using culture supertaints from INVR-infected monocytes with BIRX3 inhibition. In conclusion, sur abrogated by using culture supertaints from INVR-infected monocyte with BIRX3 inhibition. In conclusion, sur abrogated by using culture superaints from INVR-infected monocyte with BIRX3 inhibition. In conclusion, sur abrogated by using culture superaints from INVR-infected monocyte with BIRX3 inhibition. In conclusion, sur abrogated by using culture superaints from INVR-infected monocyte with BIRX3 inhibition. In conclusion, sur abrogated by using culture superaints from INVR-infected monocyte with BIRX3 inhibition. In conclusion, sur abrogated by using culture superaints from INVR-infected monocyte with BIRX3 inhibition. In conclusion, sur abrogated by using culture superaints from INVR-infected monocyte with BIRX3 inhibition. In conclusion, sur abrogated by using culture superaints from INVR-infected monocyte with BIRX3 inhibition. In conclusion, sur abrogated by using culture superainter from surface both from the surf

Official internal of the Cell Death Differentiation Association

COOpress

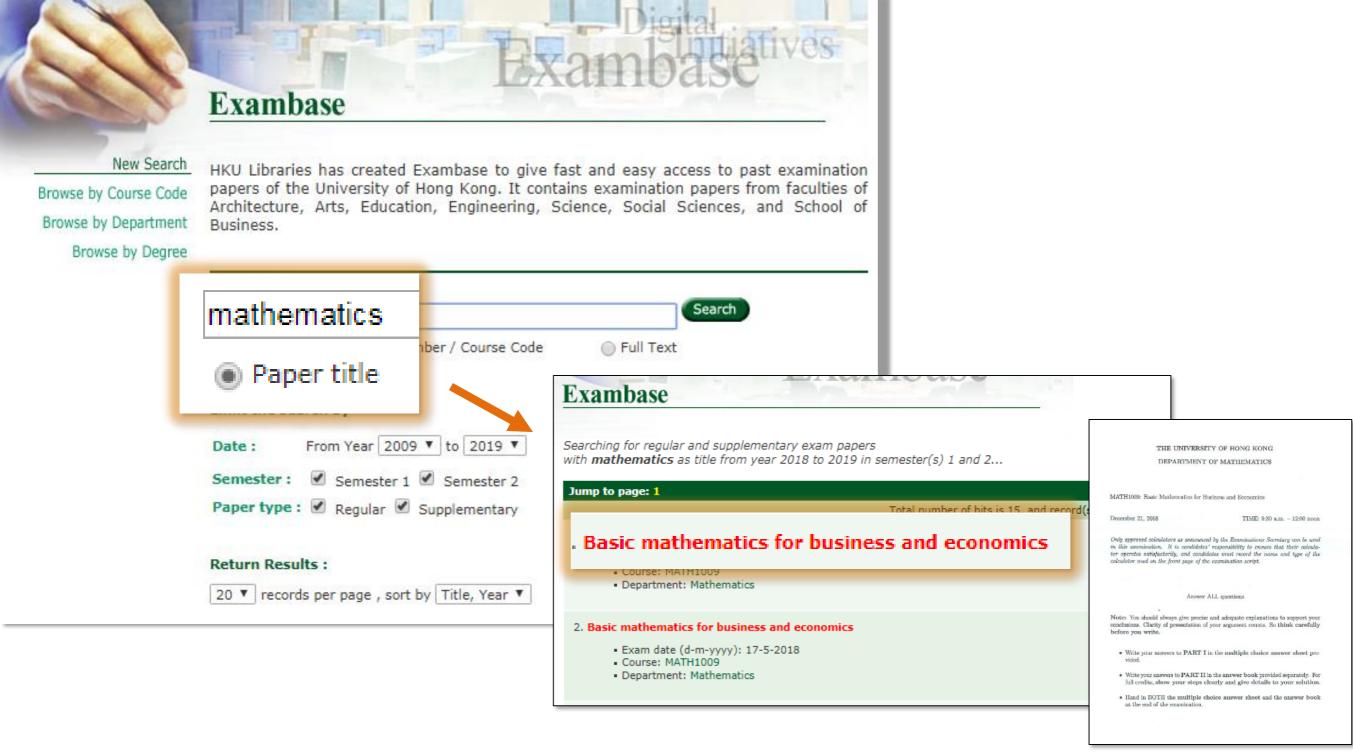




Access:

HKUL Homepage > HKUL Digital Initiatives > Exambase

http://exambase.lib.hku.hk.eproxy.lib.hku.hk





Browzine Database alerts Pre-prints

Browzine

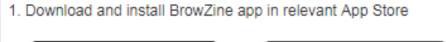
https://browzine.com/libraries/371/subjects



B

- Browse selected HKUL subscribed journals
- Track newly released articles and journal issues
- Save favorite journals and articles
- Download articles for offline reading

BrowZine App







For all iPads, iPhones and iPod Touches with iOS v7.x+ For all Android Tablets and Smartphones with OS v4.1+



For Kindle Fire HD Tablets

2. Select "University of Hong Kong" from the library list

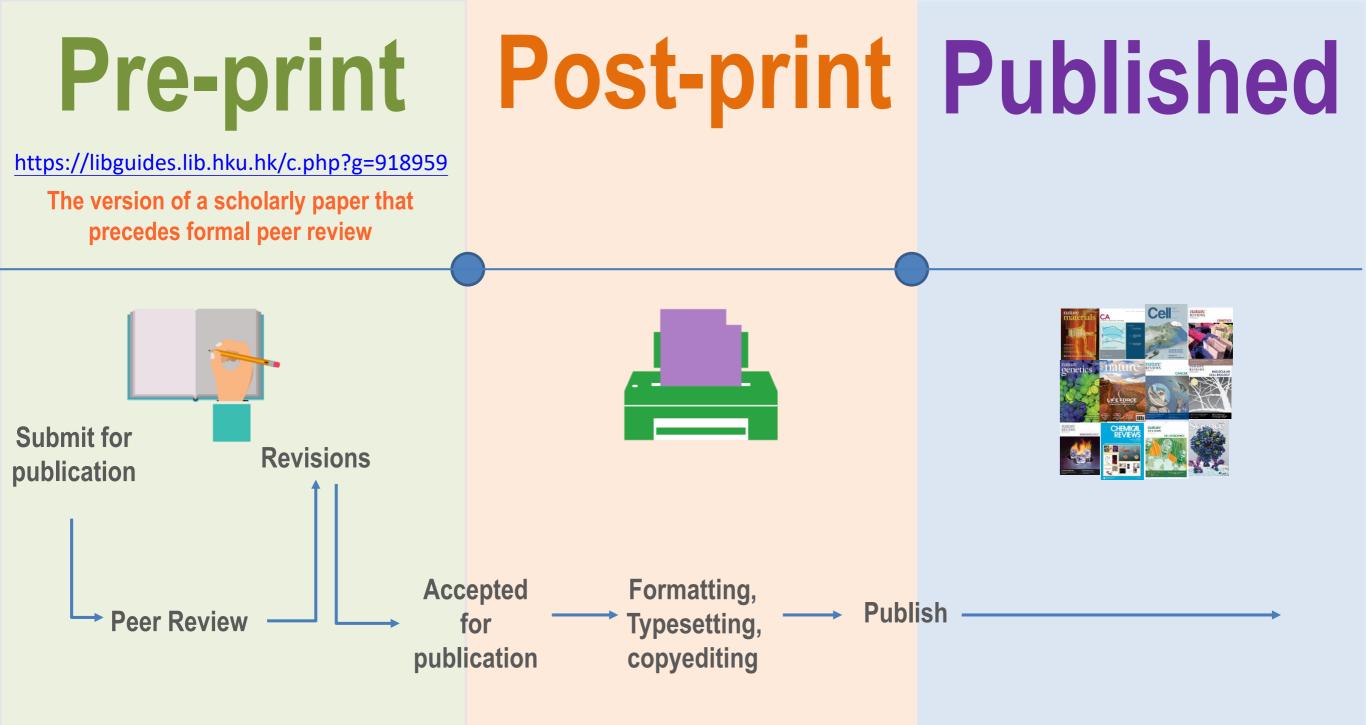
3. Enter your HKU Portal account and PIN when prompted for authentication.

| rowZine Library My Bookshelf My Articles | |
|---|---|
| ACCESS PROVIDED BY 香港大學 THE UNIVERSITY OF HONG KONG | |
| FIND JOURNAL BY TITLE, SUBJECT, OR ISSN | Q |
| BROWSE SUBJECTS | |
| Arts and Humanities | ē |
| Biological Sciences | |
| Biomedical and Health Sciences | |
| Business and Economics | |
| Earth and Environmental Sciences | ē |

Database alerts

| ProQuest | Recent searches Save search/alert • | _ | | |
|-------------------------------------|---|---|---|---|
| Wu, Qiang. | Cite ≥ Emai Cite ≥ Emai Create alert Create RSS feed CMIP5 ensembl 5, Iss. 5-6, (Sep 2) Comparison of the search link | Scopus Alerts Search alerts Author citation alerts You will receive a search alert each time one of these searches renders new results in Scopus. Set new search alert Saved on Alert name Search query 1. 01 Aug 2020 windfulness TITLE-ABS-KEY(mindfulness) | Frequency Date last run Every week 01 Aug 2020 Check for new results | Search Sources About t Actions Status |
| Web of Science ance Core Collection | ▼ Learn More | | | |
| Set Results | e History / Create Alert | | | |

#1 1,338 TOPIC: (genome and human pigment*) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, ESCI Timespan=All years







Pre-prints

Tidbits

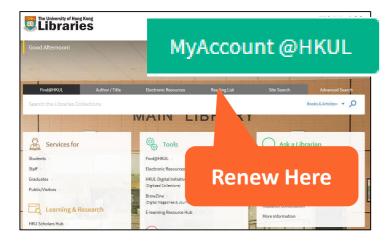


Library Collection



(Max renewal period is 1080 days)

> 3 m Print Books



Access anytime, anywhere

via HKU Portal Authentication

>7.7 m E-Books

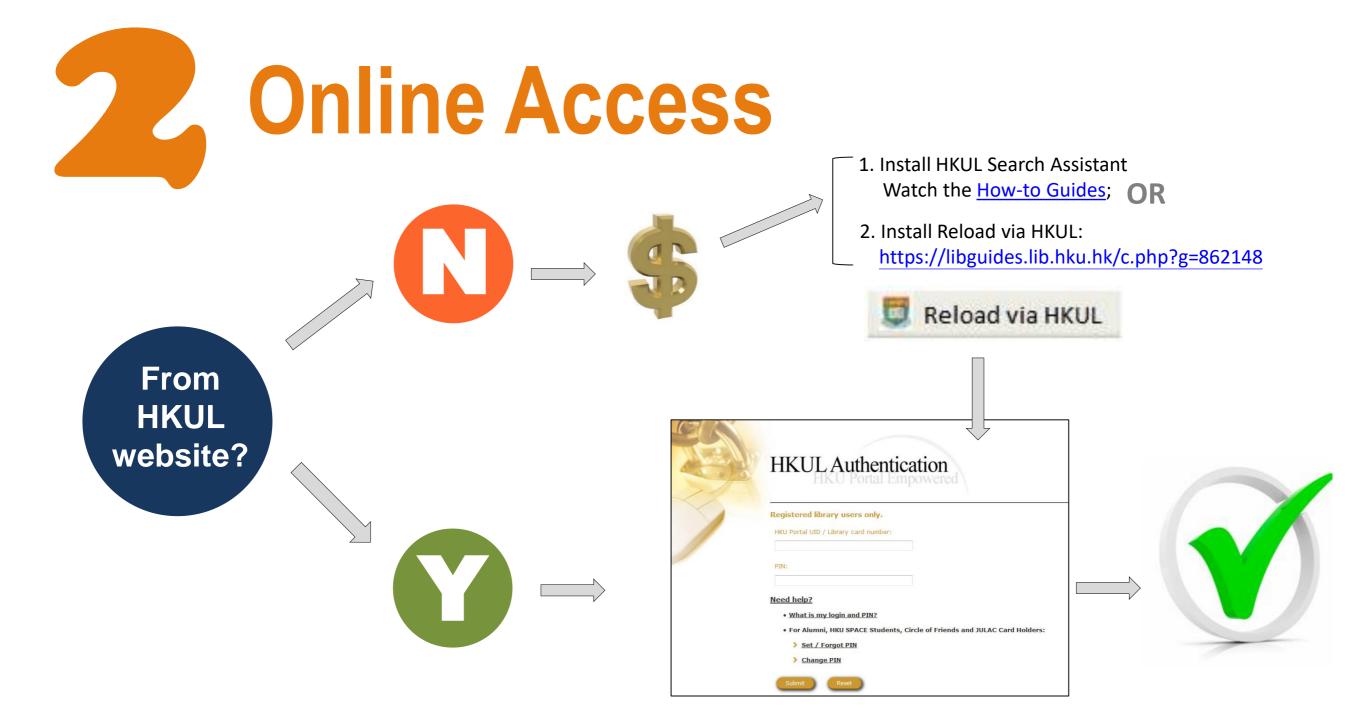
> 210,000

E-Journal

Titles

> 1,400

Databases





Beyond HKUL

HKALL

Book loan service among the 8 UGC-funded libraries Interlibrary Loans Books

BOOKS beyond HKALL & articles beyond HKU **JULAC Card**

Access and Borrow from other UGC-funded libraries

https://lib.hku.hk/general/hkall_overview.html

https://lib.hku.hk/mainlib/ill.html#1

https://lib.hku.hk/cdd/ils-jla.html

An idea or assignment

Literature review

02

03 Organise your

references

Read and study

Collect and analyse data

Research

assessment

Write and submit

Research

visibility

Conducting Research

@HKU Libraries

Endnote



Keep a record of your reading materials in an **Endnote library**

| | 12 82 | All References 82 References | | | 🕀 🔊 🎝 🗈 | |
|-----------------------------------|----------|---------------------------------|------------------|------|--|--|
| 🗑 Trash | 69 | • 0 | Author ~ | Year | Title | |
| ✓ MY GROUPS | | | Core Time M | 2017 | Million in the plant goods to be done double | |
| ✓ My Groups | | • | Caro, Tim; W | 2017 | Why is the giant panda black and whit | |
| Y FIND FULL TEXT | | • | Choudhury, | 2019 | The endangered Ganges river dolphin . | |
| V GROUPS SHARED BY | | • | Christiansen, | 2008 | Feeding ecology and morphology of t_ | |
| ∨ONLINE SEARCH | | • | Condet, Man | 2016 | Habitat selection of two island-associ | |
| Library of Congress LISTA (EBSCO) | 0 0 | ۰ | Dai, Jiayin; Li, | 2006 | Perfluorooctanesulfonate and perfluor_ | |
| PubMed (NLM) | 0 | • | Dares, Laure | 2014 | Habitat Characteristics of the Critically. | |
| Web of Science C more | 0 | 0 | Deng, Lei; Ya | 2019 | First report of Blastocystis in giant pan. | |

Format the document in a selected **citation style**, e.g. APA.

Build in-text citations to

acknowledge the work of another person.

Create the reference list

E 5- 0 🧟 👻 🍦 不 × Giant pandas - Word EndNote 20 PDF-XChange Ω Tell me... Sign in Q Share Layout References Mailings Review View Home Insert Design 四 EN Go to EndNote Style: APA 7th 🗱 Categorize References 🔹 Export to EndNote -? 🙄 Edit & Manage Citation(s) E Update Citations and Bibliography 🔝 Instant Formatting is On 🖲 00 Manuscript Matcher Insert Citation - 🕞 Edit Library Reference(s) Convert Citations and Bibliography -+ Preferences Citations Bibliography G Tools Giant pandas are an important endangered species in China. Human activity has been encroaching on the panda habitat in the Wolong Nature Reserve (Durnin, 2005). The reserve was established in 1962 with an area of 20,000 ha (Katirgis, 2016). In 1975, the reserve expanded to its current size of 200,000 ha. It is the largest among the 25 nature reserves in China designated for giant panda conservation. Only about 1050 to 1100 pandas are believed to exist in the wild, of which most inhabit the designated nature reserves. f the total wild population, inhabit the Wolon (Anthes, 2013, p. 78) Wolong Nature Reserve is located in Wenchuan County, Sichuan Province, southwestern China. Wolong is situated between the Sichuan Basin and the Qinghai-Tibet Plateau and is characterized by high mountains and deep valleys. It encompasses several climatic zones, and has high habitat diversity. Besides the giant pandas, 12 other animal species and 47 plant species in the reserve are on China's national protection list.

Anthes, E. (2013). A dolphin is tale. Scientific American, 308(3), 78.

a aiant nandas in the Molona Nature Peserus (China) [electronic

EndNote[™]20

Download a copy

Current HKU staff and students only

• Attend an Endnote workshop or learn online

Find out more: https://lib.hku.hk/endnote/

An idea or assignment

Literature review

Organise your references

03 04

Read and study

Collect and analyse data

Research

assessment

Write and submit

Research

visibility

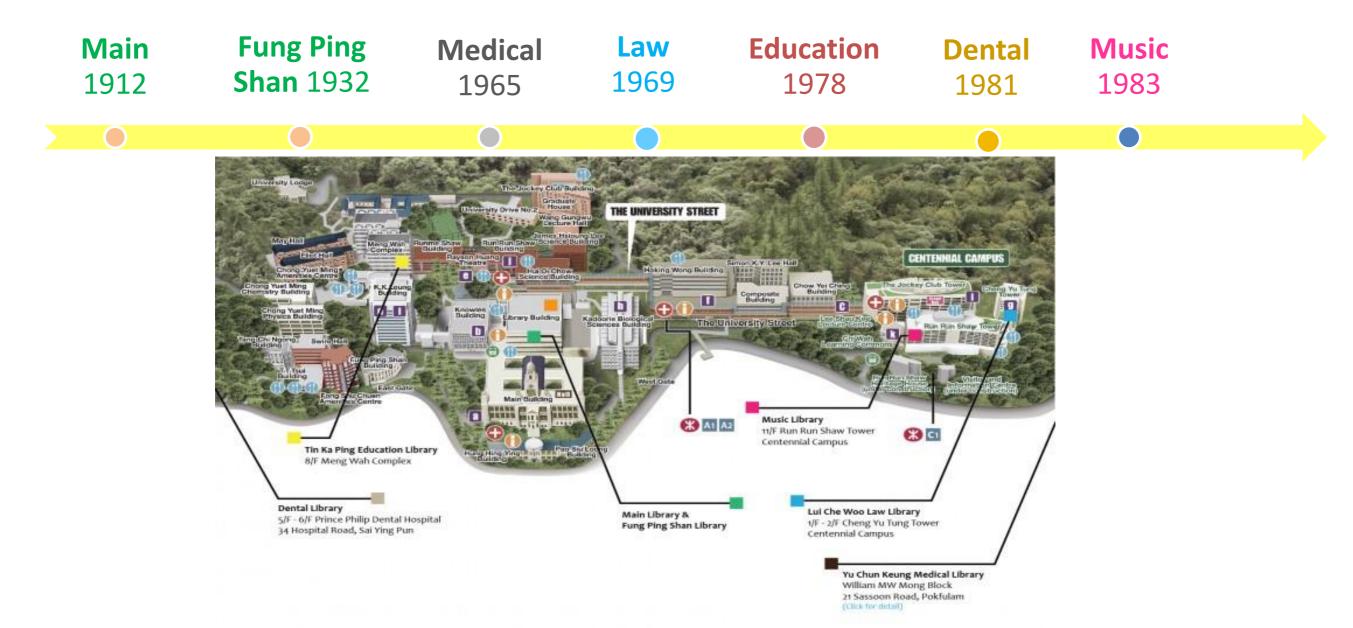
Conducting Research

@HKU Libraries





Main Library & 6 branches



Level 3

Collaboration Zone





Study Zone

Technology Zone





Ingenium, 2/F

Tech@Ingenium

- AI Commons
- VR Space





Library Innovation Centre

- 3D Printers and Scanners
- Digital Interactive Lab
- One Button Studio
- Editing Rooms
- iMacs
- Laser Engraver & Cutter







Think Tank, G/F (overnight study)



Study tables and carrels on different floors







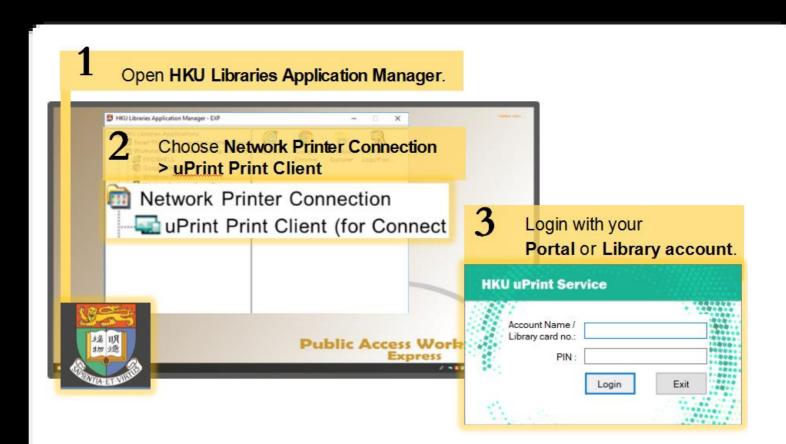




uPrint

Watch the video https://digitalrepository-staging.lib.hku.hk/catalog/1c18km57s







360° Virtual Tours

https://lib.hku.hk/infoservices/library_tours.html

Main Library

G/F



Ground Floor Entrance/Think Tank

2/F



Main Entrance/Ingenium Library Innovation Centre

Level 3



Information Counter Technology Zone Breakout Zone Multipurpose Zone Study Zone Collaboration Zone

Branch Libraries



Dental Library 5/F and 6/F, Prince Philip Dental Hospital



Lui Che Woo Law Library 1/F, Cheng Yu Tung Tower, Centennial Campus



Music Library 11/F, Run Run Shaw Tower, Centennial Campus



Tin Ka Ping Education Library 8/F, Meng Wah Complex, Main Campus



Yu Chun Keung Medical Library LG1, William MW Mong Block, 21 Sassoon Road

An idea or assignment

Literature review

Organise your references

 $\mathbf{03}$

Read and study

Collect and analyse data

Research

assessment

05

Write and submit

Research

visibility

Conducting Research

@HKU Libraries

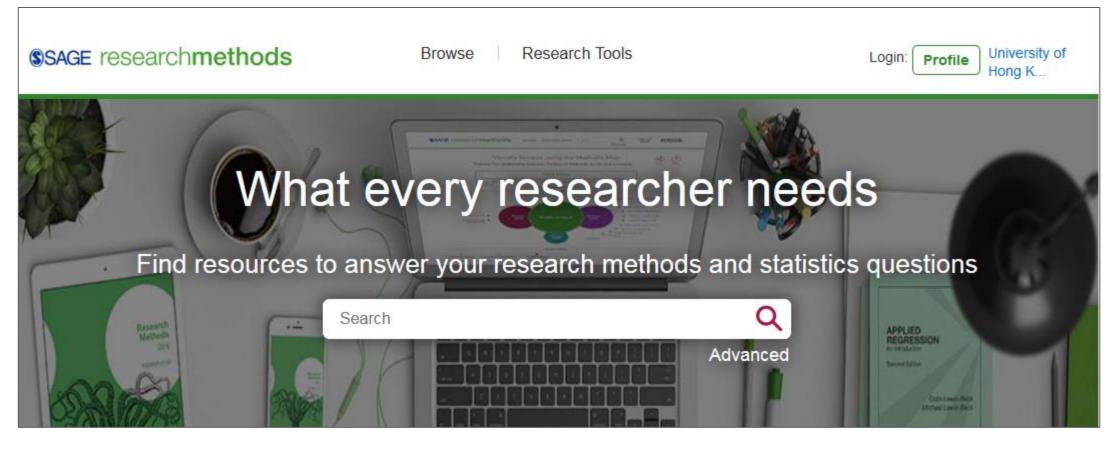
ResearchDataResearchMethodsAnalysisDataToolsTools





Nethods

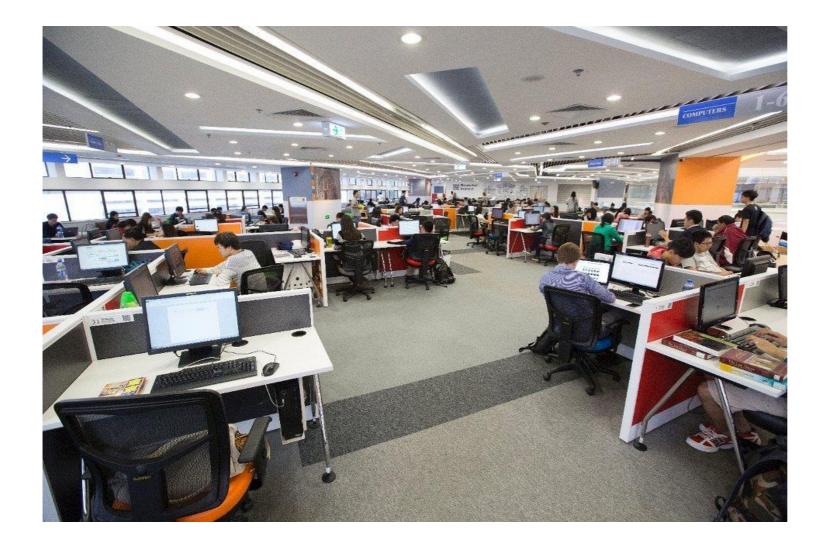
SAGE researchmethods



http://find.lib.hku.hk/record=HKU_IZ61567239360003414

Data Analysis

SPSS: Quantitative analysis Nvivo: Qualitative analysis

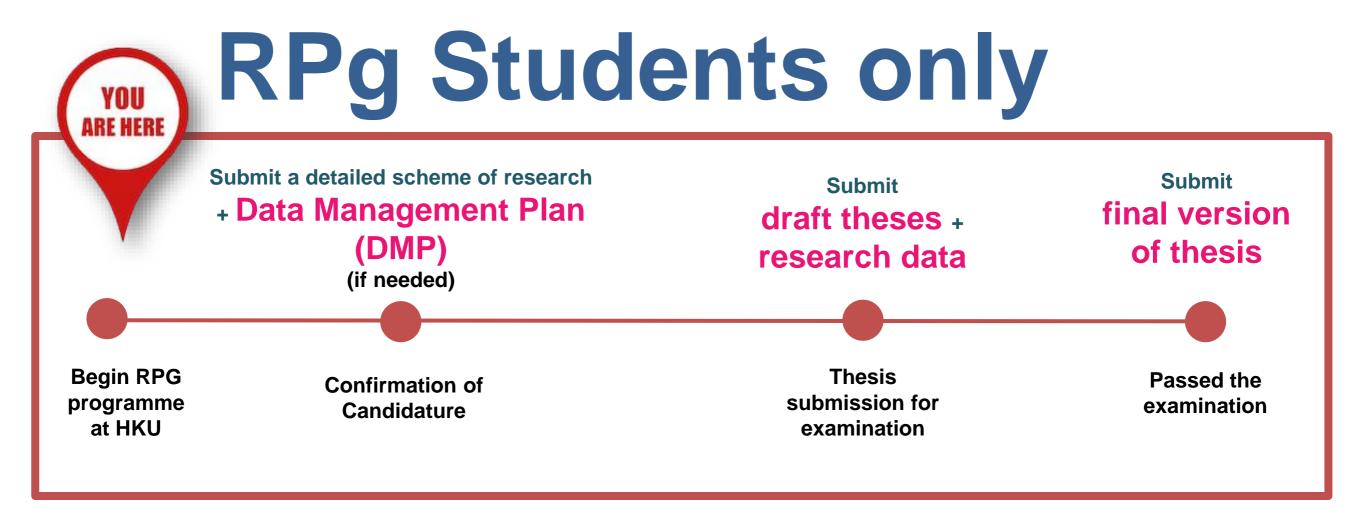


Installed on PCs in the Libraries



Data





"RPg" includes the degrees of MPhil, PhD, and SJD Legal

https://hub.hku.hk/researchdata/rds.htm

Find out more:

Doctor of Science

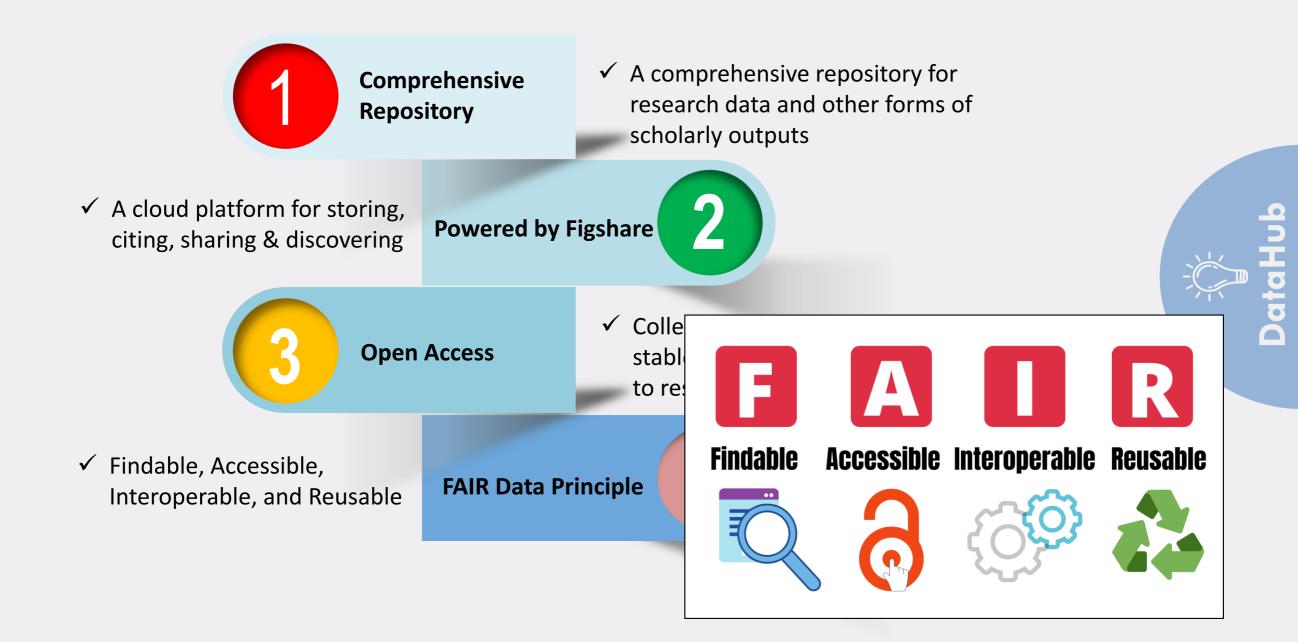
DataHub – HKU Data Repository

| | | | - 10 M M |
|--|--|-------------------------------|--------------|
| 香港大學 THE LINYERSTY OF HONG KONG | Search on University of Hong K | Log in | |
| | At a beta beta beta beta beta beta beta b | g Follow | https://data |
| | ALL CATEGORIES SEARCH Q | sort Posted date ↓ | |
| | 69 views 0 downloads more stats | | |
| About ∣ How to Deposit ∣ Contact ∣ Deposit Agreem Sitemap | nent DMP tool Privacy Policy HKU Copyright & Disclaimer T& | Cs FAQ Tools Disclaimer | |
| fig share . credit for all your research. | | | |



hub.hku.hk

DataHub



Features of DataHub

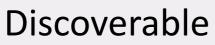






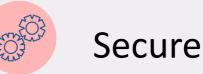
Sharing & collaborative







Confidential





Each HKU academic staff, researcher, and RPg student could enjoy 100GB* private storage on DataHub *request for extra storage available subject to individual research needs

Find out more: https://libguides.lib.hku.hk/researchdata/datahub



An idea or assignment

Literature review Organise your references Read and study

Collect and analyse data

Research

assessment

Write and submit

Research

visibility

Conducting Research

@HKU Libraries



Learn more...

https://tl.hku.hk/plagiarism/

| | ILT01 Information Literacy Academic Honesty | Plagiarism? | | What is plagiar |
|---|--|----------------------------|--------------------------|---------------------|
| What is plagiarism? Understanding plagiarism Consequences of plagiarism | | Consequences of plagiarism | Understanding plagiarism | What is plagiarism? |

How much do you know about plagiarism?

Mark the A OR papers!



Recycle a previous assignment

Student assignment: GEOG2111

12 December 2017

A History of Exploration and Settlement in Yosemite Valley

Since its first discovery by non-indigenous people in the mid-nineteenth century, Yosemite Valley has held a special, even religious, hold on the American conscience because its beauty makes it an incomparable valley and one of the grandest of all special temples of Nature. While Yosemite holds a special grip on the western mind, perceptions about the Valley have evolved over time due to changing politics, migration patterns and environmental concerns as man has become more attuned to his relationship and impact on nature.

<u>Source</u>: Turnitin. (2012). White paper: The Plagiarism Spectrum. Retrieved from https://pages.turnitin.com/plagiarism_spectrum.html.

Student assignment: ECOL3123 5 December 2018

The Impact of Exploration and Settlement in Yosemite Valley

From its first discovery by the Ahwahnechee in the mid-nineteenth century Yosemite Valley has held a unique, even religious, hold on the American conscience because its beauty makes it an incomparable valley and one of the grandest of all special temples of Nature. While Yosemite holds a special grip on the western mind, perceptions about the Valley have evolved over time reflecting changing politics, human migration patterns and the rise of environmental concerns as man has become more attuned to his relationship and impact on nature.

Recycle a previous assignment

Student assignment: GEOG2111

12 December 2017

A History of Exploration and Settlement in Yosemite Valley

Since its first discovery by non-indigenous people in the mid-nineteenth century, Yosemite Valley has held a special, even religious, hold on the American conscience because its beauty makes it an incomparable valley and one of the grandest of all special temples of Nature. While Yosemite holds a special grip on the western mind, perceptions about the Valley have evolved over time due to changing politics, migration patterns and environmental concerns as man has become more attuned to his relationship and impact on nature.

<u>Source</u>: Turnitin. (2012). White paper: The Plagiarism Spectrum. Retrieved from https://pages.turnitin.com/plagiarism_spectrum.html.

Student assignment: ECOL3123 5 December 201 Settlement in Yosemite Valley The Impact of Exploration From its first discovery by the e mid-nineteenth unique, even religious, hold on the century Yosemite Valley has I American conscience becaus beauty makes it an incomparable valley and one of the grandes Il special temples of Nature. While Yosemite/holds a special grip e western mind, perceptions about the Valley have evolved over time reflecting changing politics, human migration patterns and the rise of environmental concerns as man has become more attuned to his relationship and impact on nature.

Copy Paste from different sources

A Natural Setting

A History of Exploration and Settlement in Yosemite Valley

Since its first discovery by non-indigenous people in the mid-nineteenth century, Yosemite Valley has held a special, even religious, hold on the American conscience because its beauty makes it an incomparable valley and one of the grandest of all special temples of Nature. While Yosemite holds a special grip on the western mind, perceptions about the Valley have evolved over time due to changing politics, migration patterns and environmental concerns as man has become more attuned to his relationship and impact on nature.

<u>Source</u>: Turnitin. (2012). White paper: The Plagiarism Spectrum. Retrieved from https://pages.turnitin.com/plagiarism_spectrum.html.

A Natural Setting

A History of Exploration and Settlement in Yosemite Valley

Since its first discovery by non-indigenous people in the mid-nineteenth century Yosemite Valley has held a special, even religious, hold on the American conscience. The work of Ayres gave easterners an appreciation for Yosemite Valley and started a movement to preserve it. While Yosemite holds a special grip on the western mind, perceptions about the Valley have evolved over time due to changing politics, migration patterns and environmental concerns as man has become more attuned to their relationship and impact on nature. The 1849 California Gold Rush led to conflicts between miners and natives, and the volunteer Mariposa Battalion was formed by the state of California as a punitive expedition against natives in the Yosemite area.

Copy Paste from different sources

A Natural Setting

A History of Exploration and Settlement in Yosemite Valley

Since its first discovery by non-indigenous people in the mid-nineteenth century, Yosemite Valley has held a special, even religious, hold on the American conscience because its beauty makes it an incomparable valley and one of the grandest of all special temples of Nature. While Yosemite holds a special grip on the western mind, perceptions about the Valley have evolved over time due to changing politics, migration patterns and environmental concerns as man has become more attuned to his relationship and impact on nature.

<u>Source</u>: Turnitin. (2012). White paper: The Plagiarism Spectrum. Retrieved from https://pages.turnitin.com/plagiarism_spectrum.html.

A Natural Setting A History of Exploration Since its first discovery by r mid-nineteenth century Yos Valley has held a specie

emite Valley

mid-nineteenth century Yos Valley has held a special, even religious, hold on the Ameri pascience. The work of Ayres gave d started a moveeasterners an appreciation ment to preserve it. While Y te holds a special grip on the western mind, perceptions the Valley have evolved over time due to changing politics, mi n patterns and environmental concerns as man has becor bre attuned to their relationship and impact on nature. The 1849 California Gold Rush led to conflicts between miners and natives, and the volunteer Mariposa Battalion was formed by the state of California as a punitive expedition against natives in the Yosemite area.

How to get an A?

- Find reliable and relevant information
- Read, evaluate and analyse
- Put the ideas in your own words
- Cite the sources correctly
- Plus Your OWN Ideas!

Also note...



Originality check

Student Paper



| | | | | Match Overvie | W | × |
|--------------------|--|--|-----------------------|--|-------------------------|-------------------|
| | Literature Review | | 3% | | | |
| | Learning 2.0 is a Web 2.0 programme originated from the Public Deary of Charlotte and McKichenberg Coarty (PCMC). This 13-areas (a pagmmer is composed of 23 and the discovery exercised and ans to encompare (PCMC) staffly exercised Web 2.8 and one technologies. The programme aims to help support PCMC in the programme and pagmenting mindl, manner (and enricing their Commonly). The programme adopts 3 and a score accounting and an analysis of the programme adopts 3 and a score accounting the score accounting mindle manner. The function of programme adopts 3 and a score accounting and an analysis of the score accounting the score accoun | 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 | < 1 2 3 4 | Submitted to University Instant Pape Submitted to Pennayly Instant Pape www.vala.org.au Instant Instan www.artafane.ac.uk Instant Takan | 1% <1% <1% <1% | , > , > , > |
| | ţ. | * © | 5 | 21stcenturylearning.ty Interest Incom Garcia-Martin, Judit, an Publicative | <1% | |
| | player and enter into a lucky draw of which the prize is a laptop. | | 7 | Quinney, Kayla L. Smith Publication | <1% | > |
| Page: 1 of 11 Word | Plane the investigation of the second se | | | Q | | |

Originality Report

<u>http://lib.hku.hk/turnitin</u> A text matching database containing web pages, student papers, journal articles and books 02 03 04 05

An idea or Literature assignment

review

Organise your references Read and study

Collect and analyse data

Write and submit

07 08Research Research visibility assessment

Conducting Research

@HKU Libraries

Research metrics databases

- Essential Science Indicators
- Journal Citation Reports
- SciVal
- Scopus
- Web of Science
- Altmetric



01 02 03 04 05 06

An idea or assignment

Literature review Organise your references Read and study

Collect and analyse data Write and submit

0708 Research assessment Research visibility

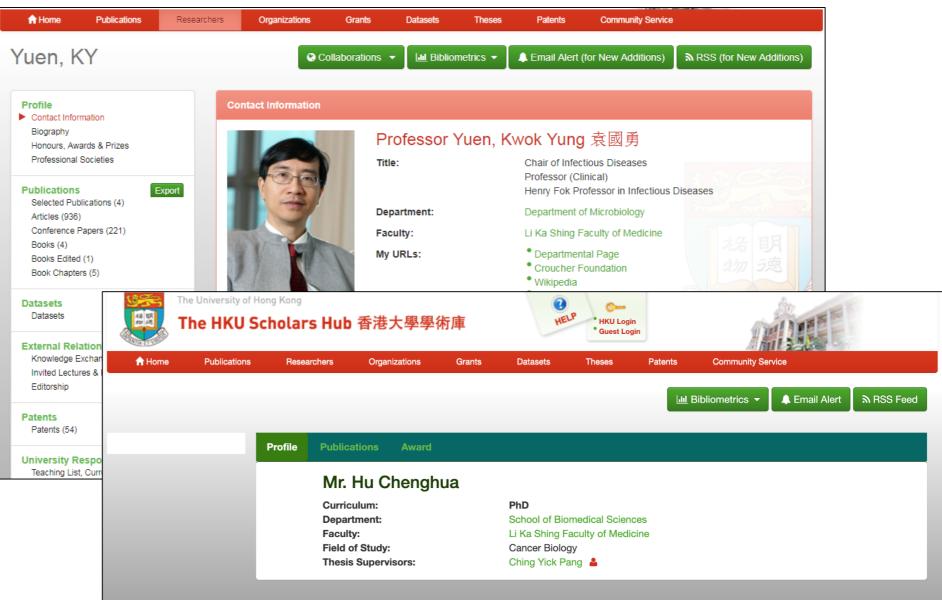
Conducting Research

@HKU Libraries

HKU Scholars Hub

http://hub.hku.hk/

A **ResearcherPage** for every HKU researcher, including RPG students



Set up an ORCID

A unique author ID

https://orcid.org



DISTINGUISH YOURSELF IN THREE EASY STEPS

ORCID provides a persistent digital identifier that distinguishes you from every other researcher and, through integration in key research workflows such as manuscript and grant submission, supports automated linkages between you and your professional activities ensuring that your work is recognized. Find out more

> REGISTER Get your unique ORCID identifier Register now!

Registration takes 30 seconds.

INFO

ADD YOUR Enhance your ORCID record with your professional information and link to your other identifiers (such as Scopus or ResearcherID or LinkedIn).



USE YOUR Include your ORCID identifier on your Webpage, when you submit publications, apply for grants, and in any research workflow to ensure you get



LATEST NEWS

Mon, 05 Aug 2019 New Features Alert! Combining Work Items

Thu, 01 Aug 2019 Great achievements in Peru!

Tue, 30 Jul 2019 Optimizing and



An idea or assignment

Literature review Organise your references

01 02 03 04 05

Read and study

Collect and analyse data Write and submit

 $\mathbf{06}$

0708 Research assessment visibility

Conducting Research

@HKU Libraries



Prepared!





xplore & Search

- ☑ Library training
- ☑ Online Course: Academic Integrity
- Book a Space
- ✓ <u>Virtual tours</u>

- ✓ Mobile@HKUL
- Reload via HKUL
- HKUL Search Assistant
- Google Scholar
- ✓ Endnote

- ☑ Quick searches: Find@HKUL
- ☑ In-depth searches: Databases
- Alerts: Browzine | Databases | Preprints
- Exams: ExamBase
- ☑ Originality checking: <u>Turnitin</u>
- ✓ Research support: <u>Research Support@HKUL</u>
- e-Learning resources on campus:
 HKU e-Learning Resource Hub
- ☑ Beyond HKUL:
 HKALL | Interlibrary loan | JULAC Card

HKU e-Learning Resource Hub

https://elearning-resource.hku.hk/





Ask a Librarian



Research Consultation

One-hour personalized session

http://lib.hku.hk/mainlib/reference/research_consult.html

